



Sheila Tarabour

Partner

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Madison, NJ – 973.735.5761

Sheila Tarabour, formerly of Lampf, Lipkind, Prupis & Petigrow, practices in the areas of estate planning and administration, taxation, elder law and special needs planning. Sheila provides services with great enthusiasm and is skilled in communicating complex and sensitive matters to her clients.

Estate Planning and Administration

Sheila focuses on advising individuals and families in their personal, philanthropic and business planning needs, including complex estate planning (gift, estate, generation-skipping transfer and income tax planning); wealth preservation; trust and estate administration; business transactions involving individuals, trusts and estates; and prenuptial agreements. Sheila has extensive experience in structuring and implementing sophisticated wealth transfer techniques and representing clients in audits before the Internal Revenue Service.

Nonprofits and Charitable Organizations

Planning relating to nonprofit organizations and charities is another area where Sheila excels. She works with clients to establish private foundations and other nonprofit organizations as well as charitable trusts, and to obtain exempt status and maintain compliance with requirements relating to their charitable activities.

Elder Law

Elder law can be a particularly sensitive area, and Sheila provides vital information and sound advice on a range of topics in connection with the elderly and incapacitated. She works with individuals and their families regarding the establishment of special needs trusts, guardianship matters and planning for long-term care costs.

Taxation

Sheila performs a wide range of legal tax services for individuals and various business

Services

- Accountants
- Tax Planning & Controversies
- Trusts & Estates

entities, including corporations, partnerships and limited liability companies. She handles matters related to federal and state tax audits and pursues refund claims.

Education

- Brooklyn Law School (J.D., 1982)
 - magna cum laude; comments editor, Brooklyn Law Review
- Ithaca College (B.A., 1974)
 - cum laude

Bar Admissions

- New Jersey
- New York

Court Admissions

- U.S. Tax Court

Professional Affiliations

- Essex County Bar Association
- New Jersey State Bar Association
- New York State Bar Association
- New Jersey Inheritance Tax Rules and Regulations Committee

Awards & Honors

- Selected for inclusion in *The Best Lawyers in America*®, 2023-2026
- Selected for inclusion in *The Best Lawyers in America*® *Women in Law*, 2025

Publications

March 13, 2019

Recommended Review of Estate Plan Due to Tax Law Changes